

## Nothing to Fear Your Life to Gain

**How does this system work?** 50% of why this system works so well is because of Advanced Hypnosis. The old myths and misconceptions about hypnosis have given way to proven, scientifically sound applications. Today the use of hypnosis is seen in medicine, dentistry, law enforcement, professional sports, and education.

The other 50% of this system is working with your individual needs. It uses NLP, destroying myths, and getting rid of habits just to name a few.

**How does hypnosis work?** Our minds work on two levels - the conscious and the unconscious. We make decisions, think, and act with our conscious mind. The unconscious mind controls our habits. In the relaxed state known as hypnosis, we can communicate directly with the unconscious mind. This is why it is so quick and easy to change habits of a lifetime with hypnosis.

**Will This System work for me?** Everyone with an Average IQ can be successful in using this system. And since the session is custom tailored to your individual needs, it works for almost anyone.

**How will I know if the system works?** Because you will have quit cigarettes and will feel great being a non-smoker. Many people never even experience withdrawal symptoms after the session. In fact some feel as if they have never smoked cigarettes.

**Is this system safe?** This system is based mostly on advanced hypnosis and NLP. And both of these systems are completely safe. You are aware and in control at every moment and can terminate the session at any time. You cannot get stuck in hypnosis. You can't be made to do something against your will! Hypnosis is a safe, relaxing, and enjoyable experience.

**How does this system help me to quit cigarettes?** Because your reasons for smoking cigarettes are different than other people's reasons. The areas you need help in are different than your friends. And since we custom tailor the session to you and address your specific needs, you become a non-smoker with ease.

**How long does it take? It only takes 60 minutes to quit cigarettes.**



### Dr William Federico

Dr. William Federico qualified as a Clinical Hypnotherapist in 1992. He holds Diplomas and Post Graduate Diplomas in Clinical Hypnosis from the Australian Academy of Hypnotic Science as well as a Degree in Traditional Chinese Medicine (VUT), a Diploma in Naturopathy and Certification as an NLP trainer.

His passion is to see people live full and healthy lives. William is currently completing a Ph.D. in Clinical Hypnosis. He enjoys meditation, keeping fit and good company.



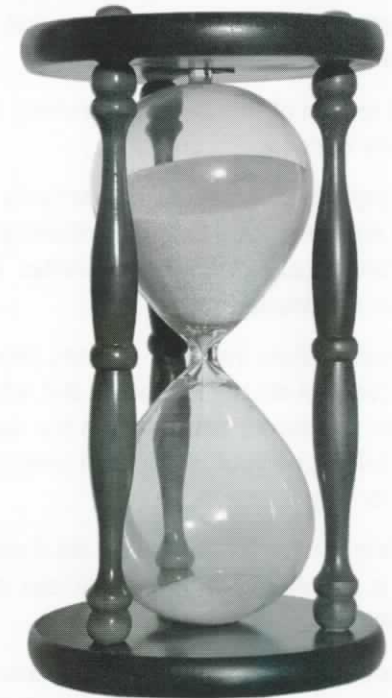
**1300 886 776**

Centres in: Moonee Ponds and Gisborne

***Hypnosis makes it easy. Let us make it easy for you. All you have to do is pick up the phone, make an appointment, and show up. From that moment on, your smoking problem is solved!***

# Quit Cigarettes In Sixty Minutes

**GUARANTEED!**



**Hypnosis Makes It Easy!**

## Why Don't People Quit Cigarettes?

Everyone knows cigarettes are not good for them. Everyone knows they spend too much money on cigarettes.

So, why do people continue to smoke? And better yet, why is it so hard for so many people to quit cigarettes? 70% of smokers want to quit. But they don't. Why?

Because we are all different.

- Some people do not want to put on weight
- Some people do not want to go through the withdrawal symptoms.
- Some people do not think they have the will power to quit cigarettes
- Some people smoke to relieve stress and relax
- Some people are addicted to cigarettes

The biggest reason of all - Because smoking cigarettes is not actually under your control.

How many cigarettes a day do you actually enjoy? If you are like most, maybe 4-5. All the others you smoke almost unconsciously. Smoking cigarettes is usually done by your unconscious mind.

It is like driving. When you first learned how to drive you had to consciously think about it. But what do you do now when you drive? You go down the road, eating your lunch, talking on your phone, and playing with the stereo. You drive unconsciously.

When you first started to smoke you did it consciously. But now it is something your unconscious mind does automatically.

So unless you deal with the individual reasons unique to each person, you will not have any luck in quitting cigarettes long term.

## This System Makes Quitting Cigarettes Easy

## Have You Tried To Quit Cigarettes Before?

### Why didn't it work?

- Did you not want to deal with the withdrawal symptoms?
- Did you start gaining weight?
- Did you just start smoking cigarettes for no real reason?
- Did you have just one? And it turned into more?
- Did you get tricked into it?
- Or some other reason?

The beauty of this system is that it deals with all the reasons that are unique to you.

It even goes one step further. This system is pro-active in removing a lot of the common reasons people fail, before they even happen.

For example, with this system we help find and create new habits so you don't gain any weight from eating more when you quit cigarettes.

Or we help remove the withdrawal symptoms from the addictive aspects of cigarettes.

## A Lifetime Guarantee

We are so confident in this system that we are still the only people who back up our quit cigarettes sessions with a lifetime guarantee.

This means that if you ever start smoking cigarettes again, we will do a follow up session at no charge to help you quit cigarettes. Yes, you read that correctly. If you ever start smoking cigarettes again in the future, we will do a session for FREE to help you become a non-smoker again.

This system makes it so easy that after only 60 minutes you will be a non-smoker. You will know for yourself that at the end of the session, you are now a non-smoker. You won't feel as if you are giving anything up, or having to cope with not having cigarettes.

You will be satisfied and happy that you have now done what so many people only wish to do. Be a non-smoker with ease. **You have become a happy, permanent, non-smoker for life.**

## 95.6% Quit In 60 Minutes

The reason we can offer our unique lifetime guarantee is because we have such a high success rate. Literally more than 95.6% of people quit cigarettes in 60 minutes.

The for those that do not, they quit during the free follow up session covered by our lifetime guarantee.

So that means if you really want to quit, we guarantee you will or we work with you until you do.

## What Is Involved?

You will call up the number on this brochure and book your reservation.

You will show up for your session and fill out some paperwork.

You will meet with your quit cigarettes specialist and begin your session which will consist of:

- some background information about you and your habit
- Talking with you about your specific reasons and excuses about why you are not quitting
- Talking about the system and how it works
- Doing the system which will include advanced hypnosis, NLP, reframing, and other systems.
- Giving you support materials to help insure you remain a non-smoker for life.

You go home a non-smoker for life.

## What It Is Not

- No pain
- No major life changes
- No chemicals
- No dangerous drugs
- No patches or pills
- No needles