

Getting to the Practice and Parking

The practice is located in a house on Mt Alexander Road, between Thistle Street and Shamrock Street. There is a large red and white sign out the front with the words "Radius Osteopathic".

There is ample parking at the rear of the building. Public transport access to the practice is excellent: Stop 42 on Tram 59 leaves you almost at the front door, whilst the Essendon Train Station is 500m (or a 5 minute walk) from the practice.

Other Practice Locations

Psychology services are also offered at:

- The West Brunswick Clinic, 9 Melville Road, West Brunswick VIC 3055
- The Altona Medical Centre, 110 Queen Street, Altona VIC 3018

Please speak with your Psychologist if you wish to attend the West Brunswick or Altona rooms.

Dr Boscaglia & Dr Bailey & Associates Clinical Psychologists

**Radius Clinic
925 Mount Alexander Road
Essendon VIC 3040**

Phone: (03) 9379 4151

Fax: (03) 9379 6296

Email: boscaglia@fastmail.fm
fionabailey@fastmail.fm

Your Clinical Psychologist is

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Your first appointment is scheduled for

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The information in this leaflet is correct as at February 2010.



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925 Mount Alexander Road
Essendon VIC 3040**

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What is a Clinical Psychologist?

Psychologists are experts in human behaviour who work to treat people with mental health problems and help individuals find ways of functioning better. A Clinical Psychologist has specialist training in the assessment, diagnosis and treatment of psychological disorders. Clinical Psychologists typically have 6-8 years of tertiary training and use evidence based techniques to treat and/or manage psychiatric conditions.

Problems Treated by our Clinical Psychologists

- *Coping with Illness*
- *Depression*
- *Peri & Postnatal Depression*
- *Anxiety & Chronic Worry*
- *Panic Attacks*
- *Phobias*
- *Bulimia*
- *Obesity and Weight Management*
- *Stress Management*
- *Obsessive Compulsive Disorder*
- *Stress Management*
- *Grief and Loss Issues*
- *Sleep Problems*
- *Trauma*

Treatment Styles

Cognitive Behavioural Therapy (CBT), Interpersonal Therapy (IPT), and Acceptance and Commitment Therapy (ACT) are the predominant treatment modalities used by our Psychologists. These therapies have been shown in research to be effective in treating a range of mental health problems.

Professional Memberships

All of our Psychologists have completed Doctoral level training. They are registered with the Psychologists' Registration Board of Victoria, the Australian Psychological Society, and are Medicare providers. Additionally, some of our Psychologists are registered with Workcover, TAC, and various Divisions of General Practice.

Referral Process

Clients referred by a GP or a Psychiatrist are eligible to receive Medicare rebates for up to 12 sessions per calendar year. The GP or Psychiatrist will need to complete a Mental Health Care Plan and then fax or post this to the practice.

Fees and Rebates

Clients who have a GP Mental Health Care Plan are able to receive a Medicare rebate of \$117.65 per session for up to 12 sessions.

- *Full Fee Paying Clients: \$145 per session **(Medicare Gap = \$27.35)***
- *Pensioners, Fulltime Students, and Health Care Card holders: \$135 per session **(Medicare Gap = \$17.35)***

Full payment is required on the day. Cheques, EFTPOS and cash are accepted.

Cancellation Policy

Each session lasts about 50 minutes.

If your Psychologist is late you will still receive a full consultation. If you are late, your consultation will still finish at the scheduled time, to be fair to other clients with appointments after yours.

If you want to change or cancel an appointment, notice of one full working day is required. If you do not cancel your appointment within this time period (or fail to attend), you will incur a \$50 late fee that is not redeemable from Medicare.